



CANADIAN CENTRE *for* CHILD PROTECTION®

Helping families. Protecting children.

SAFETY HABITS for life

1

SAFETY HABIT: Check first

Get permission from parents before going anywhere with anyone.

2

SAFETY HABIT: Use Buddy System

Sticking together creates safety in numbers.

3

SAFETY HABIT: Some secrets should be told

Secrets that make you feel scared or uncomfortable need to be told to adults.

4

SAFETY HABIT: Trust your instincts

Pay attention to your body's signals that warn you of danger.

5

SAFETY HABIT: Be assertive

Set clear boundaries about personal space and touching.

Learn more: protectchildren.ca