

Helping to Keep Your Child Safe

Keeping children safe is everyone's responsibility — parents, teachers and community members alike. The Canadian Centre for Child Protection is dedicated to reducing the incidence of missing and sexually exploited children. We offer a wide array of child personal safety education programs and resources, as well as programs for child-serving organizations.

National Programs:



Kids in the Know is an interactive safety education program for schools designed for children and youth from Kindergarten to High School. The purpose of the program is to reduce child/youth victimization by teaching effective personal safety strategies.

For more information, please visit: kidsintheknow.ca.



The **Commit to Kids** program is designed to help child-serving organizations reduce the likelihood that an offender will successfully gain access to and sexually abuse a child in their care. Easy to use and adaptable for organizations of any size, the program provides a comprehensive risk-management approach that goes far beyond criminal record checks and child abuse registry checks.

For more information, please visit: commit2kids.ca.



Cybertip.ca is Canada's tipline to report the online sexual exploitation of children. In addition to accepting and forwarding child sexual exploitation reports to law enforcement, Cybertip.ca provides education and awareness material to help keep Canadians safe. Prevention material is developed in conjunction with public reports to the tipline and research on effective education strategies.

For more information, please visit: cybertip.ca.



MissingKids.ca is Canada's one-stop resource and response centre dedicated to the search for missing children. The program offers families support in finding their missing child and provides educational materials to help prevent children from going missing.

For more information, please visit: missingkids.ca.

Resources and Activities:



The issue of child sexual abuse is not an easy subject to talk about, especially when you have young children. But it has been found that teaching children safety skills in preschool and early years helps to establish a solid foundation for later learning. In order to help parents, teachers and early childhood educators learn more about the issue and how to better protect children from sexual abuse, the Canadian Centre for Child Protection has created **Teatree Tells: A Child Sexual Abuse Prevention Kit**. The kit is designed for children four to six years of age. Lessons are age-appropriate, fun and include an animated character (Teatree the Turtle) to help teach children how to be safe. Topics include lessons on identifying safe adults, identifying feelings, naming body parts, establishing personal boundaries, and okay and not okay touching.

For more information, please visit: teatreetells.ca.



Children who go places alone are at a greater risk of being harmed. Teaching children to incorporate personal safety strategies, such as the “Buddy System,” into their daily lives will help reduce their vulnerability towards victimization. The **Billy Brings his Buddies** program consists of interactive online games, an online storybook as well as activities you can download and complete with your child. The program teaches children the valuable lesson of always having another individual, a “Buddy,” accompany them when they are going places whether it be walking to and from school, going to the store or having fun on the playground.

For more information, please visit: billybuddy.ca.



The **Zoe and Molly Online** website provides information to help parents and educators teach children 8 to 10 years of age about the risks associated with playing games online and sharing their personal information and pictures online. Children can learn through special online games that allow them to create their very own avatar as well as complete an interactive comic book that helps teach them how to stay safe while adventuring through the online world.

For more information, please visit: zoeandmolly.ca.



Recognizing the challenges in discussing the issue of child sexual abuse, the **Be Smart, Strong and Safe** activity booklet helps teachers educate students in grades 6 and 7 about this subject in an empowering way. Through a myriad of fun activities, children learn how to identify inappropriate behaviour, and how to talk to a safe adult when something makes them feel uncomfortable. Lessons have been developed to accompany the activity booklet so teachers can incorporate this important bilingual program into daily teaching activities.

For more information, please visit: smartstrongsafe.ca.



Recognizing that many parents may be feeling overwhelmed trying to keep their children safe in today's online world, the Canadian Centre for Child Protection created **The Door That's Not Locked** — a comprehensive Internet safety website. It features age-specific information on what kids are doing online, the risks associated with these activities, and age-appropriate tips and strategies on how to keep children safer.

For more information, please visit: thedoorthatsnotlocked.ca.



textED.ca is an innovative website designed to help teach children safe texting practices. Designed for students in Grade 7 and up, the textED.ca website provides a fun, interactive platform for children to learn about the short-term costs and the long-term ramifications associated with texting. The initiative also includes lesson plans designed to help educators teach youth about safe texting and life skills that will allow them to fully benefit from what is now a very public, technological world. All lessons are tied to provincial curriculum outcomes, making them ideal for use in Canadian classrooms.

For more information, please visit: texted.ca.



Respect Yourself is a public awareness campaign designed to teach teenagers about the risks they face when sending pictures or videos by email, Instant Messaging (IM), or by posting them online. The campaign guides adolescents through the risks and provides them with safety strategies to help keep them safe.

For more information, please visit: cybertip.ca/respectyourself.

